

Developmental Milestones Circle: Four Years to Six Years



Gross Motor

Develop good balance and coordination – climbing trees, skipping
 Enjoys hopping, jumping and running games
 Begins to play organized group games with peers



Social Emotional

Expresses many feelings
 Has peer group friends and often a best friend
 Understands and follows social rules in context (school, home, guests, family etc.)

Cognition

Has a good understanding of time within a day and within a week
 Can classify objects by different parameters like function, size and so on
 Has a concept of numbers and quantity



Communication & Language

Can retell a familiar story clearly
 Can remember and state identification information like, full name, address, date of birth
 Can initiate and maintain a conversation with appropriate turn taking



Fine Motor

Colours within boundary
 Buttons clothes, threads beads
 Copies complex, abstract shapes – learns alphabet



Self Help

Helps in simple household chores
 Can take care of own dressing, bathing and toilet needs
 Asks for help when needed

