

## Developmental Milestones Circle: One to Two Years



### Gross Motor

Goes up & down stairs with hand held, both legs on each step  
Walks well without support  
Squats  
Throws ball forward



### Communication & Language

Uses name to refer to self  
Uses the name for desired object or person correctly  
Prompted imitation of short phrases



### Social Emotional

Expresses affection  
Possessive of things and people  
Throws self and things on the floor in anger or tantrum



### Fine Motor

Scribbles spontaneously  
– moves on to imitating vertical and horizontal lines  
Turns knobs and handles  
Builds a tower of 3 blocks



### Self Help

Can distinguish between edible and non-edible things  
Removes shoes when laces undone  
Assists in eating, bathing & undressing



### Cognition

Can show at least 10 body parts  
Imitates adult household activities  
Solves simple problems in everyday situations (figures out how to reach a toy up on a shelf)

