

Developmental Milestones Circle: Birth to 3 months



Gross Motor

When lying on back, will turn head from side to side at birth
Move hands and legs about when lying on back
Lifts head up when placed on stomach (2m)



Fine Motor

Takes hand to mouth
Grips finger put in hand
Fisted hands begin to open (2 m)



Cognition

Free inspection of surrounding
Inspects hands and fingers
Follows faces horizontally



Communication & Language

Coos: ooh & aah
Cries when hungry or uncomfortable or wet
Smiles when adults talk and smile face to face



Self Help

Sucks well at mother's breast /bottle
Coordinates sucking, swallowing & breathing
Cuddles or snuggles against the body when held
Startles to sudden sounds, quiets to familiar voice



Social Emotional

Calms when picked up, likes to be held close
Stops crying to soothing voice
Interested in human faces and voices